

CHECKLIST

TRAVEL & OXYGEN



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PRE-TRAVEL PLANNING:

- Consult Your Healthcare Provider: Discuss travel plans and get medical clearance for travel.
- Notify Airline: Contact the airline at least 48 hours before the flight to notify them you will be traveling with oxygen.
- Oxygen Supply: Confirm that you have sufficient oxygen/Batteries for the duration of the trip, including layovers or delays.
- Travel Insurance: Make sure your travel insurance covers oxygen therapy or any health-related contingencies.
- Documentation: Have copies of all essential medical documents such as prescriptions for oxygen and other medications.

PACKING ESSENTIALS:

- Oxygen Tanks or Concentrators: Pack enough tanks or a portable oxygen concentrator approved by the airline.
- Backup Supplies: Include extra tubing, nasal cannulas, and masks.
- Battery Packs: Ensure that you have enough fully charged battery packs for portable devices.
- Power Adapters: Bring any necessary power adapters for your equipment if traveling internationally.
- Sanitizing Wipes: Pack sanitizing wipes to clean the exterior of the oxygen unit and other surfaces.



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